

# Bisika ya PMI na engumba Seine-Saint-Denis :

## AUBERVILLIERS

16 rue Bernard et Mazoyer, 01.71.29.58.55  
91 rue Charles Tillon, 01.71.29.58.60  
65 rue des Cités, 01.71.29.52.62  
18 rue du Buisson, 01.71.29.53.70  
3 bis rue Bengali, 01.71.29.20.37

## AULNAY-SOUS-BOIS

1 rue de la Croix Nobillon, 01.71.29.52.52  
8 rue Duperrey, 01.71.29.52.67  
Rue du Dr Jean-Perlis, 01.71.29.52.65  
51 rue Edgar-Degas, 01.71.29.52.60  
7 rue Christophe-Colomb, 01.71.29.52.56  
Allée du merisier, 01.71.29.52.58

## BAGNOLET

3 rue Adélaïde-Lahaye, 01.56.63.91.12  
Centre de PMI de la Croix Rouge - 4 rue  
Lieutenant Thomas, 01.43.60.33.21  
70 rue Pierre et Marie Curie, 01.49.93.66.08

## BOBIGNY

60/70 rue Marcel-Cachin, 01.71.29.54.93  
8 bis rue d'Oslo, 01.71.29.54.55  
26 rue de la Ferme, 01.75.34.30.31

## BONDY

20 avenue Léon-Blum, 01.71.29.59.81  
37-39 rue Roger-Salengro, 01.71.29.55.70  
43 rue de Verdun, 01.71.29.54.07

## CLICHY-SOUS-BOIS

2 avenue Jean-Moulin, 01.71.29.52.72  
52 avenue du Chêne-Pointu, 01.71.29.59.76  
6 allée Victor-Hugo, 01.71.29.44.91

## DRANCY

110 rue Roger Salengro, 01.71.29.20.48  
100 rue Saint-Stenay, 01.71.29.57.55  
39 rue Anatole-France, 01.71.29.59.74  
99 av. Paul-Marceau, 01.48.96.51.26  
75 rue Sadi-Carnot, 01.48.96.39.15

## DUGNY

17 rue Normandie-Niemen, 01.49.92.66.38

## ÉPINAY-SUR-SEINE

120 rue d'Orgemont, 01.71.29.43.35  
17 rue de la Justice, 01.71.29.21.05  
73 rue de Paris, 01.71.29.23.20  
10 rue Gustave Caillebotte, 01.71.29.52.54

## GAGNY

23 Avenue Henri-Barbusse, 01.71.29.22.58  
19 rue du 18 juin, 01.71.29.57.59

## L'ÎLE-SAINT-DENIS

1 rue de la Commune de Paris, 01.71.29.59.86

## LA COURNEUVE

Place Paul-Verlaine, 01.71.29.48.45  
110 avenue Jean-Jaurès, 01.71.29.55.30  
7 bis place Georges-Braque, 01.71.29.59.95  
48/50 Avenue de la République, 01.71.29.57.35

## LE BLANC-MESNIL

64 avenue Jacques-Demoulin, 01.45.91.70.09  
20 rue Emile-Zola, 01.48.65.74.30  
2 bis avenue Jean-Jaurès, 01.71.82.01.30  
3 avenue de la Justice, 01.71.29.48.04

## LE BOURGET

86 av. de la Division-Leclerc, 01.71.29.43.50

## LE PRÉ SAINT-GERVAIS

14 rue Danton, 01.71.29.20.50

## LE RAINCY

87 Bd de l'Ouest, 01.71.29.24.07

## LES LILAS

19 rue du Garde-chasse, 01.71.29.21.00

## LES PAVILLONS-SOUS-BOIS

1 allée-Calmanovic, 01.71.29.23.95

## LIVRY-GARGAN

93 rue de Sully, 01.71.29.21.85  
8 rue du Pressoir, 01.71.29.22.60

## MONTFERMEIL

11 rue Berthe-Morisot, 01.71.29.20.95  
64 rue Henri-Barbusse, 01.71.29.23.05

## MONTREUIL

11 rue du Sergent Bobillot, 01.71.29.22.46  
3 avenue Léo-Lagrange, 01.71.29.24.70  
261 rue de Paris, 01.71.29.21.86  
9 rue Henri-Wallon, 01.71.29.23.25  
88 rue du Moulin à Vent, 01.71.29.52.70

## NEUILLY-PLAISANCE

3 square Jean-Mermoz, 01.71.29.23.65

## NEUILLY-SUR-MARNE

5 Rue Ledru-Rollin, 01.43.08.23.72  
10 avenue Léon-Blum, 01.43.01.49.90

## NOISY-LE-GRAND

11 rue de l'Université, 01.71.29.23.00  
40 Bd Champy-Richardets, 01.71.29.24.80  
14 rue des Hauts Roseaux, 01.71.29.23.16

## NOISY-LE-SEC

54-60 avenue Galliéni, 01.71.29.20.30  
19 rue Paul-Verlaine, 01.71.29.23.80  
Place des Découvertes, 01.49.42.67.22

## PANTIN

10-12 rue E. et M-L Cornet, 01.71.29.56.40  
43 av Edouard-Vaillant, 01.71.29.59.75  
15 Avenue Aimé-Césaire, 01.71.29.23.90

## PIERREFITTE-SUR-SEINE

3 avenue Galliéni, 01.71.29.21.55  
45 chemin des Joncherolles, 01.71.29.21.08

## ROMAINVILLE

3 allée de la Prévoyance, 01.71.29.24.05  
12 rue Veuve Aublet, 01.71.29.24.10

## ROSNY-SOUS-BOIS

59 rue Philibert-Hoffman, 01.71.29.55.69  
36 rue de Général Leclerc, 01.71.29.43.45  
8 allée des Sycomores, 01.71.29.24.15  
*ouvert les mardis, mercredis et jeudis*

## SAINT-DENIS

40 rue Auguste-Poullain, 01.83.72.20.13  
153 av. Pdt Wilson, 01.83.72.20.06  
14 rue Henri-Barbusse, 01.49.33.70.75  
17 rue Emile-Connoy, 01.83.72.21.20  
43 allée A. de Saint-Exupéry, 01.49.33.71.55  
6 rue Jean-Pierre Timbaud, 01.49.33.70.63

## SAINT-OUEN-SUR-SEINE

4 rue Henri-Barbusse, 01.49.45.69.55  
147 rue du Docteur Bauer, 01.40.11.69.52  
2 Rue Saint-Denis, 01.40.11.69.57

## SEVRAN

19 avenue S.Allende, 01.71.29.48.00  
14 rue Roger-le-Maner, 01.41.52.42.36  
8 quinies rue P. Brossolette, 01.41.52.46.70  
12 rue Charles-Conrad, 01.41.52.46.03

## STAINS

rue des Merisiers, 01.71.29.57.38  
26 rue Aristide-Briand, 01.71.29.55.65  
33/37 rue George-Sand, 01.71.29.23.81

## TREMBLAY-EN-FRANCE

1 allée Ampère, 01.71.29.24.35

## VAUJOURS

249 rue de Maux, 01.48.60.60.10

## VILLEMOMBLE

1 bis rue St Louis, 01.71.29.22.55

## VILLEPINTE

10 rue Salvador-Allende, 01.71.29.24.50  
16 place de la Mairie, 01.71.29.24.55

## VILLETANEUSE

3 rue Paul-Langevin, 01.71.29.55.55  
3 Rue Étienne-Fajon, 01.71.29.55.67



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Département de la Seine-Saint-Denis / Direction de la communication / Secteur Imprimerie départementale / 2023

seine-saint-denis  
LE DÉPARTEMENT

Zemi na ngai lelo  
pe mikolo ya sima

Yo ozali kofanda na  
Seine-Saint-Denis : bisika ya  
bokengeli ya ba mama pe bana  
(PMI) ekoyamba yo na kofuta  
ata lomeya moko te

## PMI EKOSUNGA YO NA :



**Kosalisa yo kozwa ndingisa ya kosalisa kolunguno ya nzoto na yo: kozwa mokanda ya lisalisi (carte Vitale) to lisalisi ya leta na oyo etali makambo ya nzoto (AME) pe libakisi ya lisunga ya kozala na nzoto kolungonu (CSS)**

### Lisungi yaki monganga tango ya zemi na yo :

Kokutana na monganga to mama mosalisi tango ya kobota, pe mama ya kobotisa aya kotala yo na ndako

Kotinda yo po okende koyeba ndenge zemi ezali kokoba pe lopitalo ya kobotela



Koyokamela yo, kosalisa na makama ya mutu (kozanga boyokani na kati ya yo na mobali na yo, mateya po na kofanda malamau na kati ya libota...)



Kolanda yo tango nyonso ya zemi na yo (kolia, kobongisa makambo nyonso po obota malamau...)



Kolakisa yo ndenga ya kokengela mwana na yo banda mokolo akobatama ti tango akokokisa mbula motoba



Mosalisi ya monoko soki oyebe lopoto malamau te (interprète)

## ELOKO OSENGAMI KOSALA NA EBANDELI YA ZEMI NA YO :

Kokengela bopeto ya mino na yo

Mangwele (maladi ya malili, Covid 19...)

Kotika komela masanga, komela likaya pe bangi, mabele oyo ba mama baliyaka...

Komikomisa esika ya kokengela ba mama ya zemi (eleka te ba sanza motoba banda ebandeli ya zemi)

## BA NDIINGISA :

\* **Masano sambo oyo esengeli kosalama :** mbala yakomonana na monganga to pe mama ya kosalisa kobota.

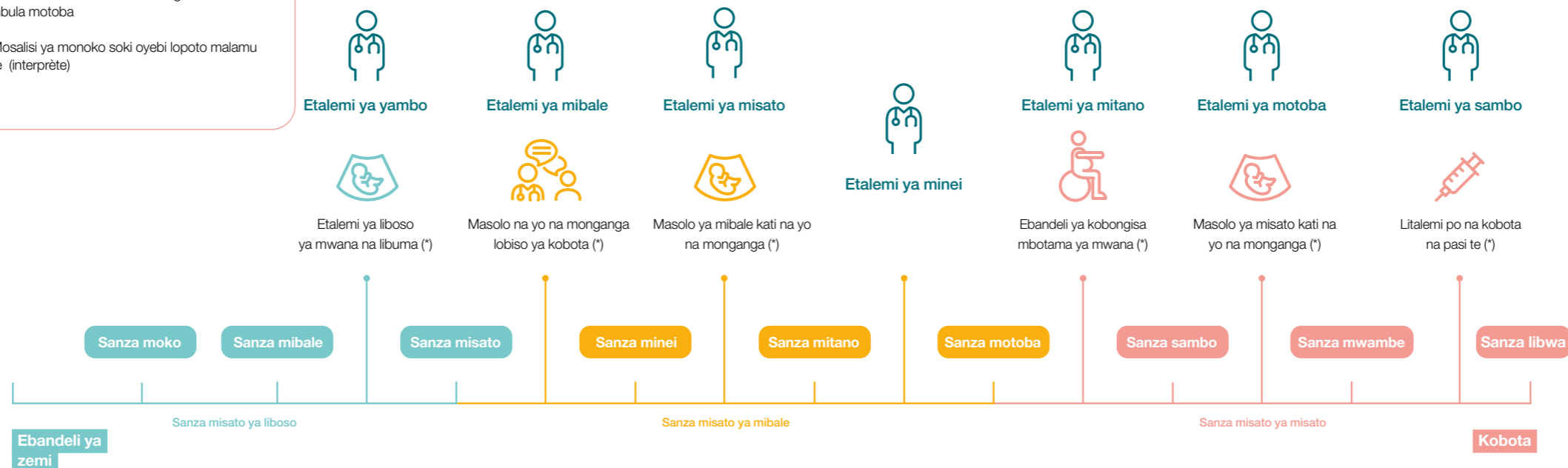
\* **Masolo liboso ya kobota :** kosolola kati ya yo na monganga to mama ya kosalisa kobota ozala yo moko to pe ozala elongo na mobali na yo.

\* **Mayekoli sambo po na koyeba kozela kobota :** malakisi na maye matali makambo ya zemi, bobotami, bilamba ya mwana moke, koyeba po na kolungonu ya nzoto ya mwana. Masano ya kopema pe kopemisa nzoto.

\* **Malandeli po na kokima nzoto pasi (anesthésie) :** kosolola na monganga atali likambo wana esengelami tango ya kobota na kisi ya tonga (péridurale).

# Bitape ya zemi pe elandeli ya monganga na kati ya PMI

(ekoki kosalama epayi ya monganga, ya mama ya kobotisa, na lopitalo ya ba mama ya zemi oyo yo moko okopona)



## TANGO PE MIKOLU YA MOSALA YA PMI PO NA KOFONGOLA NDIKISA PO NA KOLANDELAMA NA OYO ETALI KOLONGONU YA NZOTU : OKOTALA LIKAMBO WANA YO NA BILO YA PMI.

Ba lopitalo ya leta oyo etali makambo ya basi ya zemi na kati ya engumba Seine-Saint-Denis :

**Hôpital Robert Ballanger**  
93600 AULNAY-SOUS-BOIS,  
01.75.63.60.61

**Hôpital Jean Verdier**  
avenue du 14 juillet,  
93140 BONDY,  
01.48.02.60.30

**Hôpital Delafontaine**  
2 rue Pierre Delafontaine,  
93200 SAINT-DENIS,  
01.42.35.61.40

**Centre Hospitalier**  
10 rue du Général Leclerc,  
93370 MONTFERMEIL,  
01.41.70.81.14

**Hôpital André Grégoire**  
56 bld de la Boissière,  
93100 MONTREUIL,  
01.49.20.72.38



Na lopitalo ya basi ya zemi



Etalemi ya sambo



## SIMA YA KOBOTA :

Ebongisami ete okomona monganga kati ya poso motoba na poso mwambe sima ya kobota. Wana yo okomonana na monganga to pe mama oyo abotisaka basi.



## ELANDELI YA KOLONGONU YA NZOTO YA MWANA NA YO :

- Komonana na monganga mikolo zomi na mitano sima ya kobotama,
- Komonana na monganga mbala zomi na misato elongobani banda mbotama ti mwana akokokisa mbula mibale,
- Elandeli ya kolungonu ya nzoto ya mwana na yo ekoki kosalama na PMI banda mbotama ya mwana na yo ti akokokisa mbula motoba (bakilo na ye, bolayi ya nzoto na ye, ba mangwele, komonana na monganga oyo alandela bana mike...).